

BREAKFAST

SERVED UNTIL 11.30AM

Triple bacon roll

568 calories.

£6.00

Pork Sausage roll

758 calories.

£6.00

Marinated halloumi and tomato roll

583 calories.

£6.00

Gluten free bread rolls are available on request.

 Free from ingredients of gluten

 Vegetarian

 Vegan

An adult reference intake (8400kj / 2000kcal).
If you have a food allergy or a special dietary requirement please ask a member of staff for more information.

LUNCH

SERVED 11.30AM - 3.30PM

Soup of the day

Calories vary.

£7.25

Savoury pastries

Phat Kerelan cauliflower, chickpea & onion bhaji pasty 242 calories. **Ve**

£6.00

Proper Cornish steak pasty 330 calories.

£5.75

Proper Cornish cheese & onion 250 calories. **V**

£5.75

Sausage roll 356 calories.

£4.50

Jacket potato

With vegan bean chilli 557 calories. **GF** **Ve**

£7.95

With beans 476 calories. **GF** **V**

£8.00

With cheese 1008 calories. **GF** **V**

£8.00

With beans and cheese 671 calories. **GF** **V**

£8.25

With tuna mayonnaise 578 calories. **GF**

£8.25

Toasties and sandwiches

Please see our chiller for a selection of sourdough toasties and range of sandwiches

GF Free from ingredients of gluten

V Vegetarian

Ve Vegan

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LITTLE ONES

SERVED 11.30AM - 3.30PM

Pork Sausage Hotdog **£5.95**

**Half jacket with
beans and cheese**   **£4.75**

Children's platter **£6.95**

A bread roll served with ham, cheese or tuna mayo, served with a variety of snack-sized vegetables, fruit, and plain crisps.

 Free from ingredients of gluten

 Vegetarian

 Vegan

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HOT DRINKS

Flat White 81 calories.	£3.70
Latte 124 calories.	£3.20
Latte large 139 calories.	£3.70
Cappuccino 146 calories.	£3.20
Cappuccino large 124 calories.	£3.70
Mocha 246 calories.	£3.70
Mocha large 263 calories.	£4.20
Americano 1 calorie.	£3.00
Americano large 1 calorie.	£3.20
Espresso 1 calorie.	£2.30
Hot chocolate 285 calories.	£3.20
Hot chocolate large 312 calories.	£3.70
Deluxe hot chocolate 490 calories.	£4.50
WWT Tea 0 calories. Our blend of finest breakfast tea.	£2.70
Teapigs Tea 0 calories. Choice of refined organic speciality teas .	£3.00

Ask about our seasonal drinks...



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